



Yakima Health District

TB: The Decision to Test is the Decision to Treat

Risk Factors Determining the Need to Test:

- **Recent (<5 years) immigrants** from any countries in Africa, Asia, Central or South America, most of the Caribbean and Pacific Islands, as well as Afghanistan, Albania, Armenia, Azerbaijan, Bosnia & Herzegovina, Bulgaria, Croatia, Djibouti, Estonia, Georgia, Hungary, Kazakhstan, Kyrgyzstan, Latvia, Lebanon, Lithuania, Poland, Portugal, Mexico, Moldova, Qatar, Romania, Slovakia, Slovenia, Spain, Syria, Tajikistan, Macedonia, Turkey, Turkmenistan, Uzbekistan, West Bank and Gaza, Yemen, Yugoslavia (i.e., most countries where rates exceed 20/100K)
- **Changes on chest x-ray suggestive of TB**
- **Recently exposed (<24 months) to a case of active TB**
Particularly infants and small children
- **Other epidemiologic risk factors:**
 - Homeless in past 24 months
 - Migratory workers
 - Injectors of illicit drugs
 - Incarcerated in preceding 24 months
 - High risk occupational settings (acute and chronic care facilities, correctional facilities, homeless shelters)
 - Children regularly exposed to high risk adults
- **Persons with medical risk factors**
 - HIV infection
 - Diabetes mellitus
 - Chronic steroid therapy (e.g., "20 mg/d prednisone for "3 weeks)
 - Starting Remicaid
 - Other immunosuppression (including solid organ or bone marrow transplant)
 - Cancers of the head and neck, lung, leukemia, and lymphoma
 - Malabsorption disorders
 - Post major gut resection
 - Rapid weight loss
 - Weight \leq 90% of ideal for height
 - Silicosis
 - End Stage Renal Disease
 - Inadequate past treatment of TB
- **Persons lacking risk factors should not be screened**